

Hanover County VA
PARKS & RECREATION

Discover Recreation!

REGISTRATION
BEGINS
MARCH 25

SUMMER | 2016

June - August

www.hanoverparksrec.com

MISSION STATEMENT

It is the mission of the Parks and Recreation Department to promote, advocate, and provide the highest quality park and recreational resources and leisure services.



Administrative Office & Mailing Address:

Hanover Parks & Recreation
13017 Taylor Complex Lane
Ashland, VA 23005

Monday - Friday 8:30am to 5:00pm

(804) 365-7150
Fax (804) 365-4696

Hearing Impaired:

Dial 711 (Virginia Relay) for assistance

parksandrec@hanovercounty.gov

Pole Green Community Center

8996 Pole Green Park Lane
Mechanicsville, VA 23116
Mon & Tues 8:30am - 4:30pm

Athletic Field Conditions

Hotline:
(804) 365-4698
and



Follow Us On



Register Online:

www.hanoverparksrec.com

2016 HANOVER COUNTY PARKS AND RECREATION ADVISORY COMMISSION

Chad Snellings	Ashland
Roger Braxton, Sr.	Beaverdam
Rob Monolo (C)	Beaverdam
Bill Berry	Chickahominy
Elton Wade, III	Cold Harbor
Chuck Boyle	Cold Harbor
Elizabeth Mundy	Mechanicsville
David Fuller	Mechanicsville
Paul Hodge	South Anna
Todd Winston (VC)	South Anna
Tom Vaughan	HPCS
Sue Dibble	HCSB
Frank Harksen, Jr.	County Admin
Faye Pritchard	BOS
Scott Wyatt	BOS

The Hanover County Parks and Recreation Advisory Commission meetings are held in January, March, May, July, September and November on the fourth Monday of these months at 7pm at the Parks and Recreation Taylor Complex Administrative Office.

2016 BOARD OF SUPERVISORS

Dedicated to the quality of life in Hanover



Chairman:

Aubrey M. Stanley Beaverdam

Vice Chairman:

Angela Kelly-Wiecek Chickahominy

Faye O. Pritchard Ashland

Scott A. Wyatt Cold Harbor

Sean Davis Henry

W. Canova Peterson Mechanicsville

Wayne T. Hazzard South Anna

To register for a course:

Pre-registration with payment is required for all classes. **Registration deadline is two weeks prior to start of program.**



Join Taylor in registering for programs using Discover Recreation Online!

Online: www.hanoverparksrec.com

Mail to: 13017 Taylor Complex
Ashland, VA 23005

Fax to: (804) 365-4696

Email: parksandrec@hanovercounty.gov

Drop box Locations:

Pole Green Community Center
8996 Pole Green Park Lane
Mechanicsville, VA 23116

Taylor Complex Office
13017 Taylor Complex Lane
Ashland, VA 23005

Payment Types:

Cash and checks are processed at the Taylor Complex office only.

Credit Cards (accepted at both locations):
VISA, MasterCard, Discover, American Express

Program Refund Policy

- Full refund will be issued if a program is full or cancelled by the department, if a change in day, time or location prohibits participant's attendance, or if participant withdraws prior to the first class meeting.
- If a participant wishes to withdraw from a class/program after the first meeting date, they must do so in writing within two business days.
- Refunds will not be considered once a program has ended.
- Refund requests may be considered on a case by case basis.
- Refunds may take up to four weeks to process if paid by check.

CONCERTS IN THE PARK

*Pole Green Park
6pm – 8:30pm
www.ejwadefoundation.org*

.....

**Friday
May 20th**

*The Rich Moore Band
Prospect 7*

**Friday
June 17th**

*Prospect 7
Carlisle Avenue Diner Band*

**Friday
July 15th**

*Prospect 7
Arise Band*

Presented by **E.J. WADE**
FOUNDATION
We are one.

Discover Your Parks.

All Hanover County Parks are open daily from dawn until dusk throughout the year. Athletic field lighting provides department approved extended hours at Pole Green Park, Courthouse Park, Montpelier Park and Poor Farm Park. Call the Athletic Field Weather Hotline at (804) 365-4698 or visit Twitter at www.twitter.com/hanoverparksrec for updates during inclement weather.

Addresses for parks can be found on page 32.

Visit www.hanovercounty.gov for more information on all of our parks

Boat Ramps

- Rt. 1/North Anna Ramp
- Rt. 33/South Anna Ramp
- Rt. 54/South Anna Ramp
- Rt. 301/Pamunkey (Littlepage)

Courthouse Park

- Concession Bldg (seasonal)
- Jogging/Walking Trails
- Picnic Tables
- Pond (Public Fishing w/ license)
- Floating Dock
- Picnic Shelter (w/electricity)
- Restrooms (seasonal)
- Roller Hockey Rink
- Multipurpose Fields
- Playground
- Park Acreage: 120 Acres



Cold Harbor Battlefield Park

- Civil War Info/Signage
- Jogging/Walking Trails
- Picnic Tables
- Park Acreage: 50 Acres



Hanover Wayside Park

- Horseshoe Pits
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelters (w/ electricity)
- Picnic Tables
- Playground
- Veterans Memorial
- Volleyball Court
- Park Acreage: 36 Acres



Montpelier Park

- Softball Field
- Community Center
- Concession Bldg (seasonal)
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelter (w/electricity)
- Picnic Tables
- Restrooms (seasonal)
- Multipurpose Fields
- Playground
- Park Acreage: 50 Acres



Pole Green Park

- Community Center
- Concession Bldgs (seasonal)
- Softball Fields
- Equestrian Ring
- Horseshoe Pits
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelter (w/ electricity)
- Picnic Tables
- Restrooms (seasonal)
- Skateboard Park
- Multipurpose Fields
- Playgrounds
- Volleyball Court
- Dog Park
- Park Acreage: 217 Acres



Poor Farm Park

- Amphitheater
- Baseball/Softball Fields
- Concession Bldg (seasonal)
- Horseshoe Pits
- Jogging/Walking Trails
- Multipurpose Fields
- Open Play Areas
- Picnic Shelters (w/ electricity)
- Picnic Tables
- Restrooms (seasonal)
- Playgrounds
- Volleyball Courts
- Park Acreage: 254 Acres



North Anna Battlefield Park

- Civil War Info/Signage
- Jogging/Walking Trails
- Picnic Tables
- Park Acreage: 172 Acres



Taylor Park

- Community Center
- Jogging/Walking Trails
- Picnic Tables
- Multipurpose Fields
- Dog Park
- Park Acreage: 53 Acres



Washington Lacy Park

- Jogging/Walking/Equestrian/
Bicycle Trails
- Picnic Tables
- Park Acreage: 216 Acres



Shelter & Facility Reservations

Park Shelter Reservations*

Shelters may be reserved for the day (10am - 7pm) and applications may be submitted one year in advance of date desired. Shelter availability may be checked online at www.hanovercounty.gov. To reserve a shelter, please complete and submit shelter reservation form with payment. Shelters are reserved on first-come, first served basis. Fees are as follows:

Small Shelters: \$40 Hanover County Resident
\$80 Non-County Resident

Large Shelter: \$60 Hanover County Resident
\$120 Non-County Resident

Locations: Courthouse Park (Shelter 1)
Hanover Wayside Park (Shelter 1 & 2)
Pole Green Park (Shelter 1)
Poor Farm Park (Shelter 1 & 3)

Locations: Montpelier Park (Shelter 1)
Poor Farm Park (Shelter 2)

Community Event Rentals*

Persons requesting a Community Event Rental in a County park must complete a Shelter & Community Event Rental Application. Applications may be submitted beginning in December for the upcoming calendar year. Approval status will be sent by February 1st. After January 1st, applications should be submitted for approval at least 30 days prior to event.

Courthouse Park

Includes 1/2 Mile Walking Track

Fees: Hanover County Resident \$50
Non-County Resident \$75

Montpelier Park

Includes Shelter 1 & Soccer 1

Fees: Hanover County Resident \$100
Non-County Resident \$150

Pole Green Park

Includes Shelter 1, 5K Course, Open field behind Softball Complex

Fees: Hanover County Resident \$200
Non-County Resident \$300

Poor Farm Park

Includes Shelter 1 & Multipurpose 5

Fees: Hanover County Resident \$150
Non-County Resident \$225

Poor Farm Park

Includes Amphitheater, Shelter 1 & Porta-John

Fees: Hanover County Resident \$120
Non-County Resident \$240

**All cancellation requests must be received in writing by the Parks and Recreation office at least 7 days prior to reservation to receive a refund. Refunds not given for inclement weather.*

Athletic Field Reservations

All athletic fields are closed from December 1 through the 2nd Monday in March. Annually, applications will be accepted as follows:

Requested Use: March - July August - November	Deadline to Submit: January 1 April 1	Notification of Approval: February 1 May 1
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Please allow 2 weeks for your application to be processed.

Tournaments \$50 field/day

Field Prep (softball only): \$25 field/day

Hanover Based - at least 50% of membership or rosters are comprised of Hanover County Residents. Must be open to all individuals, regardless of skill level and must allow any eligible player to participate. A completely open league/organization.

Hanover Based	M - F \$10 field/day	Sa - Su \$15 field/day
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Non-Hanover Based - Your organization will be classified as Non-Hanover based if it does not meet both above requirements.

Non-Hanover Based	M - F \$20 field/day	Sa - Su \$30 field/day
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Equestrian Facility (Pole Green Park)

Hanover County Resident	\$200	Non-County Resident	\$400
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All applications may be found at www.hanovercounty.gov, or may be obtained by contacting Hanover County Parks and Recreation at 804-365-7150 or parksandrec@hanovercounty.gov

K9 Heroes Day

featuring **Pooch Pursuit**



Presented by Hanover Parks and Recreation, Hanover Hounds K9 Search & Rescue, and Friends of Hanover Dog Parks in honor of K9 Veteran's Day.

Pole Green Park
Saturday, April 16
9:00 AM - 12:00 PM



All dogs required to remain on a secure leash and have current license and rabies vaccination.

- Watch K9 demonstrations in the areas of military, police and search & rescue
- Visit canine friendly vendors
- Fun activities and contests
 - ◇ Frosty Paws Eating
 - ◇ Contest Musical Sit Tricks for Treats
 - ◇ The Dog Gone Spring Egg Hunt Proceeds



Pawch Pursuit - 5k

This dog friendly event (although canine participation is optional), benefits the Friends of Hanover Dog Parks. Check-in for the walk and run begins at 8:00 AM.

- Treat bag (for dogs and handlers)
- Treat stops all along the course
- Awards for to the top three finishers in each age division
- All dogs will receive dog tags

5K runners (5684): \$20 per handler
**Participants must be 12 or older to run the 5K with their dog.*

1 mile walk (5685): \$10 per handler (age 12 and up)
**Children under 12 can register for free with paying adult.*



Registration deadline for Pooch Pursuit is 4/11/16.

Events & Special Programs

Classic Car Cruise In



'Make the Scene' as we take a step back in time to the Cruise In days when the parking lots at Hanover High (Route 301) fill with beautiful classic automobiles (pre-1990) while the sounds of the 50's, 60's & 70's play in the background.

Classic automobile owners: Make sure you claim 'dibs' on your space at the Cruise In. Door prize drawings and awards will be presented throughout the evening to those owners that drive their classic to the Cruise In. Food trucks will be on-site.

SATURDAY

MAY 7

4:00 - 7:00 PM

**Hanover
High School**

FREE

Event sponsored by
Retallick's Auto Parts.



TAYLOR'S PIRATE FISHING FUN!

Courthouse Park

Saturday, June 4

4pm - 7pm

FREE

Aye! Taylor, the Hanover Parks and Recreation mascot, has his pirate costume on and is ready for some Pirate Fishing FUN! Kids can make a craft project and get a pirate tattoo in the "Children's Cove," then climb aboard Taylor's inflatable pirate ship!

No fishing license needed. Bait and rods will be available on a first come, first served basis so if you are able, please bring your own.

Fishing professionals from Bass Pro will be on-hand to assist all young pirates in their fishing adventures. Free event supported by Virginia Department of Game & Inland Fisheries.



Events & Special Programs



the **Tomato** Un-Cookoff

Pole Green Park
Friday, July 8
6pm - 8pm

This unique experience featuring sample tasting of delicious Hanover Tomato food items prepared by local chefs while live musical performances take place on the E.J. Wade Foundation event stage is one for the entire family to enjoy.



Tomato Un-Cook Off: Chef Recruitment

Ages 18 and up. Calling all Chefs! As a kick-off to the Hanover Tomato Festival, chefs of all levels are invited to prepare your tantalizing Hanover tomato recipes-simple, refreshing for everyone to sample. Whether you are an "underground" (supper club, catering) or "above ground" chef, start working on your tomato masterpiece! Think salsa, bruschetta, lightly pre-cooked items or more creative takes on the famous Hanover Tomato.

No cost to enter. Chefs must pre-register with a copy of their Temporary Health Food Permit or Application and Certificate of Liability Insurance.



Sports Reality

8137 Pine Ridge Rd, Mechanicsville
Friday, August 19
6pm - 8pm

Hanover Parks and Recreation and Sports Reality want you to get warmed up for this national event that features 1 pass, 1 punt and 1 placekick with first place winners in the boy's and girl's divisions advancing to the Sectional Competition. That's right, you will have the opportunity to qualify to participate in the Sectional Event to be held in October at the Bon Secours Washington Redskins Training Center. Top finishers will advance to the National Finals to be held at an NFL playoff game in January 2017.

NFL PP&K Age Verification (as of December 31, 2016)

- 2010-2009 / age 6-7
- 2008-2007 / age 8-9
- 2006-2005 / age 10-11
- 2004-2003 / age 12-13
- 2002-2001 / age 14-15



Participation is free. In addition to the required Hanover Parks and Recreation online registration, a NFL Punt, Pass and Kick waiver is also required in order to participate. A copy of your child's birth certificate must be presented at check in on the day of the competition.

Events & Special Programs



Saturday, July 9

9am – 4pm

Pole Green Park

www.hanovertomatofestival.com

This fun filled event highlights Hanover's famous fruit and features children's

activities, crafters, artisans and live entertainment.

The entertainment stage, presented by E.J. Wade Foundation, will feature a full lineup of musicians so you can plan your day around fantastic performances.

At the festival, children can expect free rides, a petting zoo and activities and fun for all ages in the Mater FUN Zone.



Vendor Recruitment

The Hanover Tomato Festival is in search of vendors who make or sell unique items and tomato-related products.

Fees: Enter online coupon code TOMATO to receive \$25 off the advertised vendor fee

"Early Mater"	Open until April 1.....	\$150
"Ripe Mater"	April 2 - June 1.....	\$175
"Late Mater"	June 2 until event is full	\$200

Mater FUN Zone Recruitment

Want to provide some fun and excitement at the upcoming Hanover Tomato Festival, then the "Mater FUN Zone" is where you want to be! The Mater FUN Zone is designed for our younger event attendees and helps create a fun family-friendly atmosphere for all attendees. With your support, we are able to provide free activities, offering face to face interactions with children and families attending the event.

Businesses/organizations participating in the Mater FUN Zone will be offered a discounted extra large booth space (20'x20') in exchange for providing a FREE children's activity for event attendees.

Fee: \$50

**Thank You to Our 2016
Tomato Festival Sponsors**

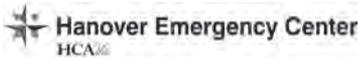
GOLD:



SILVER:



BRONZE:



SUPPORTER:



FRIEND:

Papa John's Pizza
three one one productions
Dominion Green Power
Edible Arrangements
Walgreens

MEDIA:



Sponsor opportunities are still available!
Please contact us at
hanovertomatofestival@hanovercounty.gov

Is your business missing from this list?

What can you contribute to the Hanover Tomato Festival and other signature Hanover County events? Sponsor opportunities are available at all levels of cash and in-kind contributions.

Please contact us to discuss how you can get involved!



SUMMER CAMPS



Summer Sneakers is a journey of fun and friendship led by our dynamic staff, promising exciting crafts, games, field trips and special visitors.

Monday – Thursday, 8:00 a.m. – 4:30 p.m.
Grades: rising 1st through 6th graders

Fees per session: \$100 (Hanover County resident), \$150 (non-resident)

Children with special needs who need additional assistance should consider applying for the help of a Therapeutic Recreation Aide (inclusion coach). All planned activities are subject to change.

Session 1: June 27 - July 7 (no camp on July 4)

Theme weeks: Safari / Superheroes

Planned activities may include a field trip to Jumpology and visits from Virginia Living Museum, Paint 'N Play RVA and Pamunkey Regional Library.

5837	John M Gandy	5843	Laurel Meadow	5849	Pearson's Corner
5840	Kersey Creek	5846	Mechanicsville	5858	South Anna

Session 2: July 11 - July 21

Theme weeks: Pirates and Mermaids / Decades Days

Planned activities may include a field trip to Hanover Lanes and visits from Gather and Glaze and Mad Science.

5838	John M Gandy	5844	Laurel Meadow	5850	Pearson's Corner
5841	Kersey Creek	5847	Mechanicsville	5859	South Anna

Session 3: July 25 - August 4

Theme weeks: Worldwide Tour of Nations / Olympic Fever

Planned activities may include a field trip to a county park for Olympic-style competitions, and visits from Rockin' Parodies, Stuff Redux and Stretch -n- Grow.

5839	John M Gandy	5845	Laurel Meadow	5851	Pearson's Corner
5842	Kersey Creek	5848	Mechanicsville	5860	South Anna

SUMMER CAMPS



MEGA MIDDLE

With an awesome schedule of activities and field trips, along with energetic staff,

there is no better way to “whip” your way out of a boring summer than by signing up for MEGA Middle.

Monday – Thursday, 8:00 a.m. – 4:30 p.m.

Grades: rising 6th thru 8th graders

Fees per session: \$120 (Hanover County resident), \$180 (non-resident)

Children with special needs who need additional assistance should consider applying for the help of a Therapeutic Recreation Aide (inclusion coach). All planned activities are subject to change.

Session 1: June 27 - July 7 (no camp on July 4)

Planned activities may include field trips to Sky Zone Trampoline Park, Ashland Skateland and Kings Dominion and a visit from All Fired Up.

5864	Atlee HS	5873	Stonewall Jackson
5870	Oak Knoll	5867	Patrick Henry HS

Session 2: July 11 - July 21

Planned activities may include field trips to Uptown Alley, Cobblestones Water Park and Sports Reality and visits from The Williamsburg Chocolatier and Richmond Bubble Soccer.

5865	Atlee HS	5874	Stonewall Jackson
5871	Oak Knoll	5868	Patrick Henry HS

Session 3: July 25 - August 4

Planned activities may include field trips to Kings Dominion Soak City and Spirited Art and visits from our local K9 heroes. Cap off the session with an end of summer jam with our own LipSync Battles.

5866	Atlee HS	5875	Stonewall Jackson
5872	Oak Knoll	5869	Patrick Henry HS



SUMMER CAMPS



Discover - Camps

Monday – Friday, 8:00 a.m. – 5:00 p.m.

Grades: rising 1st thru 6th graders

Fees per week: \$150 (Hanover County resident), \$200 (non-resident)

Children with special needs who need additional assistance should consider applying for the help of a Therapeutic Recreation Aide (inclusion coach). All planned activities are subject to change.

Discover: Animals and Insects

Lions and tigers and bears! Come explore different types of animals: warm-blooded, cold-blooded, water, land, exotic or even your typical house pets. Examine those four-legged, eight-legged and slithering creatures crawling around on earth.

Planned activities may include a field trip to the Richmond Metro Zoo and visits from 4H, Hanover County Animal Control, Animals Unlimited, Mad Science and Parrots of Paradise.

5662 7/25-7/29 Montpelier Park CC
5878 7/25-7/29 Pole Green ES



Discover: Arts in Motion

Lights! Camera! Action! Calling all future stars.

Grab a microphone and hop on stage with us. Shine bright as you explore the art of dance, theater and music. Come express your inner artist while having fun and showing off your dramatic side.

Planned activities may include a field trip to a watch or participate in a live stage experience, visits from Stretch-n-Grow, Drama Kids and Keep You Moving.

5876 6/20-6/24 Black Creek Baptist Church Recreation Center,
6289 McClellan Rd, Mechanicsville
5887 7/11-7/15 Rural Point ES
5888 8/22-8/26 First Baptist Church, 800 Thompson St, Ashland

Discover: Create

Tap into your creative side and work with your hands while building friendships and making lasting memories. Your little Rembrandt will love crafting and D.I.Y. projects. Enjoy mixing, measuring, brushing and sketching your next masterpiece.

Planned activities may include a field trip to Spirited Art, visits from Young Rembrandts, Lil Kookers and Gather and Glaze.

5879 6/27-7/1 Black Creek Baptist Church Recreation Center,
6289 McClellan Rd, Mechanicsville
5880 6/27-7/1 First Baptist Church, 800 Thompson St, Ashland
5881 7/18-7/22 New Highland Baptist Church,
9200 New Ashcake Rd, Mechanicsville

SUMMER CAMPS



The fun never slows down, even on Fridays!

Discover: Play

Join us for an action-packed camp complete with activities your child will enjoy. We'll play traditional sports like soccer, dodgeball, tennis and basketball, then some awesome new ones like pickleball, ultimate frisbee and Spike Ball.

Planned activities may include a field trip to Uptown Alley and visits from Game Truck, Stretch-n-Grow and Virginia Pickleball.

5660	7/11-7/15	Cool Spring Baptist Church, 9283 Atlee Station Rd, Mechanicsville
5661	7/18-7/22	Rural Point ES
6022	8/8-8/12	Beaverdam Baptist Church, 19110 Beaver Dam Rd, Beaverdam
5884	8/15-8/19	Mechanicsville Christian Center, 8061 Shady Grove Rd, Mechanicsville



Discover: Science

Einstein, Edison and Franklin would be proud of these future scientists. Join us as we challenge your mind to explore and discover properties of science and test your theories with experiments. Make and take home some of your great projects.

Planned activities may include a field trip to the Science Museum of Virginia and visits from 4H and Mad Science.

5663	8/1-8/5	Montpelier Park CC
5882	8/1-8/5	Pole Green ES

Discover: Adventure

Exercise your passion for adventure while tracking in the woods and improving your skills as a detective. Solve a riddle to a scavenger hunt, tackle new challenges and spend every day exploring.

Planned activities may include a field trip to Lake Anna State Park or Peak Experiences and visits from On Target Archery, Karate, Mad Science and the Virginia Department of Forestry.

5877	6/20-6/24	Oak Knoll MS
5885	8/8-8/12	Mechanicsville Christian Center, 8061 Shady Grove Road, Mechanicsville
5883	8/15-8/19	Beaverdam Baptist Church, 19110 Beaver Dam Road, Beaverdam



Summer Programs

Children with disabilities who are interested in securing the assistance of a Therapeutic Recreation Aide should contact Parks and Recreation to inquire about the TR Aide Program at (804) 365-7150 or parksandrec@hanovercounty.gov.

Applications also available online at www.hanovercounty.gov

VOLUNTEER OPPORTUNITIES

Ice Cream Race

Saturday, August 13

Ages: 15 and up. Volunteer's responsibilities could include: set-up and take-down of event venue, runner check-in, race marshals, water station attendants and course monitoring.

Papa John's 4K Pizza Run

Friday, July 8

Ages: 15 and up. Volunteer's responsibilities could include: set-up and take-down of event venue, runner check-in, race marshals, water station attendants and course monitoring.



LEADER-IN-TRAINING

Before you know it, summer will be here. If fun is on your agenda while gaining invaluable work experience, then look no further, the Leader-in-Training (LIT) program is perfect for you.

Ages: 9th grader (or higher) for the 2016-17 school year, and under 18 as of June 2016.

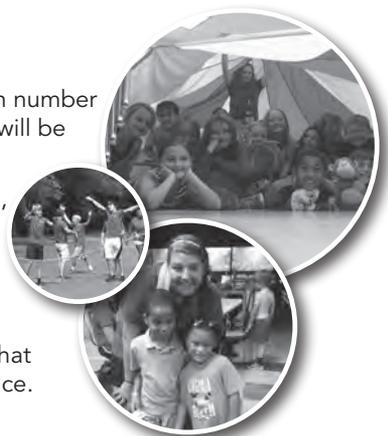
Not many volunteer opportunities allow you to help children play dodgeball, or paint masterpieces, make friendship bracelets, go on field trips or just be a role model to young kids. Just imagine a day full of running around, sweating, singing songs, showcasing your own talents and helping fellow recreation staff.

Apply Online: Leader-in-Training Application at www.hanovercountyjobs.com

Application Deadline: April 10, 2016. Due to the high number of applicants and limited openings, not all applicants will be offered positions.

A competitive selection process (including application, interview) will be used to fill the limited number of LIT positions. Chosen applicants may be scheduled to volunteer for 1, 2, 3 or more sessions of either Summer Sneakers or Discover Camps.

We look forward to another great summer and hope that you will be a part of the parks and recreation experience.



Summer Camp Testimonials



Summer Sneakers

We LOVE Summer Sneakers! Thank you for such an enriching summer opportunity. Our daughter came home daily with a smile on her face! She always had a story to tell about what was done at camp that day!

We are somewhat new to the area and this was my children's first year at camp. I can't thank you enough. They absolutely loved it and were disappointed when it ended. The Staff was amazing, energetic and fun and my children looked forward to going every day. We hope to see some of the same staff members next year. Thank You!!

Reasonable cost and the program was packed with activity. My daughter came home tired, but happy, which is exactly what I was looking for in a summer program.

There were a variety of activities spread between several rooms which helps keeps the kids from becoming bored. It is also nice to have it at a familiar school where the girls ran into friends (or older siblings of friends as camp counselors).

Mega Middle

I liked that it keeps the children busy all day. I know they stay energetic all day... My child came home tired every day and has thanked me a million times for signing him up. I am looking forward to the next 2 sessions.

Therapeutic Recreation

Programs for individuals with disabilities

► Field Trip: Boat Ride on the James

Ages: 18 and up. Join us as we enjoy a boat trip on the James River. This unique opportunity with Sailing4All, featured on Virginia Currents, offering adults with special needs a relaxing time on the river. This field trip begins and ends at Pole Green Community Center. We will ride together in a school bus to and from Rocketts Landing. Space is limited.

Fee: \$20

5889 Th 6/2

8:30a-1:00p Pole Green CC

Read and save your Hanover Review!



it includes

Discover Recreation!
your seasonal Parks & Recreation program offerings!

Summer Day Camps

► Bricks 4 Kidz: Mining, Crafting and Capturing Camp



Ages: 5 to 12. Campers will face new challenges each day, building model and crafting key elements from the popular Minecraft game. Craft shelters and some of the mobs, critters and tools using LEGO bricks. Get ready for an adventure in the world of Pokémon! Capture wild Pokémon creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Bring your own Pokémon trading cards if you wish to play and trade at the end of each day.

Instructor: Bricks 4 Kidz - Tri-Cities **Fee:** \$150
6013 M-F 8/29-9/2 8:00a-5:00p Pole Green CC

► Bricks 4 Kidz: Robot Mania and Star Wars Camp



Ages: 5 to 12. Campers will love to see their creations in motion using LEGO wireless remote controls. Use fascinating and challenging LEGO components to create dynamic vehicles, inventions, machines and more. In addition, the day includes LEGO Star Wars' themed models, video games, group games, challenges and more. We'll spark the imagination and creativity of each child as they take off on an adventure that's out of this world!

Instructor: Bricks 4 Kidz - Tri-Cities **Fee:** \$150
6012 M-F 6/20-6/24 8:00a-5:00p Pole Green CC

► Lil Kookers: Kids in the Kitchen Camp

Ages: 5 to 13. Come join us as we learn basic cooking skills while making delicious kid-friendly meals. Beginning with the most important meal of the day your little chef will take recipes and whip up something that tastes pretty good. At the end of the day, chefs will make and take home yummy desserts. Young chefs will learn kitchen safety, proper food preparation, cooking and baking techniques, manners and table setting. Chefs will prepare pancakes, taco salad pizza, homemade ice cream, strawberry delight, and so much more!

Instructor: Lil Kookers, Jilnelle Bishop
Fee: \$145, additional sibling fee \$115

5998 M-F 6/20-6/24 8:00a-3:00p Montpelier Park CC
5999 M-F 8/15-8/19 8:00a-3:00p Pole Green CC

Sports Camps

► British Soccer: Mini Soccer



Ages: 4 to 6. Fun games, competitions, and skill building activities will enlighten your child and offer a unique way for youngsters to learn the fundamentals of the game. Camp taught by professionally qualified British Soccer coaches. Everyone will receive a soccer ball, t-shirt and end of class report.

Instructor: Challenger Sports **Fee:** \$116

5921 M-F 7/25-7/29 10:00-11:30a Pole Green Park
6016 M-F 7/25-7/29 6:00-7:30p Montpelier Park

The deadline to register for a Program is two weeks prior to its start date.

Youth

► British Soccer: Player Development



Ages: 6 to 14. Learn technical and tactical plays while an emphasis will be placed on skill development, fundamental

tactical awareness and fun! Camp run by professionally qualified British soccer coaches. Everyone will receive a soccer ball, t-shirt and end of class report.

Instructor: Challenger Sports **Fee:** \$163

5913	M-F	6/20-6/24	9:00a-12:00p	Courthouse Park
5918	M-F	7/25-7/29	9:00a-12:00p	Pole Green Park
6017	M-F	7/25-7/29	5:00-8:00p	Montpelier Park
5919	M-F	8/15-8/19	9:00a-12:00p	Poor Farm Park

► British Soccer: Tetra Brazil Soccer



Ages: 6 to 14. Learn the skills of soccer while having fun! Enjoy running, kicking, turning, throwing, catching and more. Brazilian soccer

coaches will teach fun soccer games and activities, as well as play the camp World Cup! Everyone will receive a soccer ball, t-shirt, and end of class report.

Instructor: Challenger Sports **Fee:** \$192

5922	M-F	7/11-7/15	9:00a-12:00p	Pole Green Park
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► EB's Hoop N' Up Summer Camp



Ages: 8 to 13. Get into the high intensity drill sessions and

instruction with games to test out your abilities and a life skills session for co-ed participants. Pizza party included on the last day of camp

Instructor: Everything Basketball **Fee:** \$145

5970	M-Th	6/20-6/23	9:00a-3:00p	Hanover HS
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Washington Redskins Flag Football Camp



Ages 6 to 13. Washington Redskins are offering one of the best flag football summer camp experiences around town. Join us for one or both camps! Our focus is on football education, participation, sportsmanship and fun. Flag football is a non-contact sport. No experience necessary and everyone plays!

The Redskins are providing each girl and boy with two tickets to a Washington Redskins training camp and two tickets to a pre-season game and other Redskins goodies.

.....

Camps will be held
Monday – Friday
8:30am – 12:30pm

Fee: \$260

June 27 – July 1
Pole Green Park

July 18 – 22
Poor Farm Park

Register online at
www.tinyurl.com/hanoverredskinscamps

For additional information
call 703-437-1200
or email info@otathletics.com.

Youth

► Hanover Hawks Football Camp

Ages: 4 to 13. Have fun and learn the fundamentals of football from the Hanover coaching staff and players. All campers will work one on one with players and coaches and will also participate in a touch football tournament and a punt pass and kick competition. All youth football programs and players are encouraged to attend!

Instructor: Derek Stoudt

Fees: \$85, additional family member \$65

5954 M-Th 6/20-6/23 8:00a-12:00p Hanover HS

► Hanover Youth Dodgeball Camp

Ages: 5 to 14. Enjoy dodge ball training and competition. Campers will be separated by age and size for competition.

Instructor: Aaron Bradley

Fee: \$50, additional sibling fee \$40

5960 Th,F 6/30-7/1 9:00-11:30a Hanover HS

► Hanover Youth Wrestling Camp

Ages: 5 to 14. Campers will be grouped by weight, age and experience. Techniques to be covered will be warm up drills, take downs, escapes, reversals and pinning combination. Introductory skills and advanced techniques for experienced wrestlers will be offered.

Instructor: Aaron Bradley

Fee: \$100, additional sibling fee \$80

5959 M,T,W 6/27-6/29 9:00a-12:00p Hanover High

► On Target Archery

Ages: 6 to 12. Come and learn the age-old skill of archery. Learn about safety rules and equipment used in archery, instructed through proper shooting techniques, and have lots of time to practice their newly learned skills on the range. Students receive a bow and arrows plus safety gear to take home after the final class. Bring your passion for traditional archery and we provide the rest.

Instructor: Tyler Phaup **Fee:** \$75

5925	S	6/26-7/10	6:30-7:30p	Taylor Complex
5968	W	7/13-7/27	5:00-6:00p	Poor Farm Park
5926	M	8/1-8/15	9:00-10:00a	Taylor Complex
5927	W	8/3-8/17	6:30-7:30p	Pole Green Park

► For the Love of Tennis



Ages: 6 to 15. It's time for another fun summer full of tennis. There will

be awards, games, t-shirts, and a whole lot of tennis! All players will be divided up by skill and age and everybody will get the opportunity to progress through our development program. Come to one week or come to them all! Equipment is provided for beginners.

Instructor: For the Love of Tennis, Darien Kay

Fees: \$100, additional sibling fee \$80

5908	M-Th	6/13-6/16	6:00-8:00p	Liberty MS
5909	M-Th	6/27-6/30	6:00-8:00p	Liberty MS
5910	M-Th	7/11-7/14	6:00-8:00p	Liberty MS
5911	M-Th	8/1-8/4	6:00-8:00p	Liberty MS

GET UP AND GO! HEALTHY KIDS RUNNING SERIES

MECHANICSVILLE, VA



April 10, 17, 24, May 1, and 15 | Sundays 4:30pm - 5:30pm | Pole Green Park

Details and registration online at www.healthykidsrunningseries.org

\$35 registration fee for full 5-week series. Single-race option \$10.

For more information, please contact Mark Sargent at 804.559.6818 or at mark@healthlinkva.com

Youth

► Tennis - Summer Camp



Ages: 6 to 16. Are you ready for a great summer of tennis? We'll have so much fun - games, music, candy, awards, team pictures,

t-shirts and lots of tennis! Campers will learn all of the basics and more! The morning camp will end with an ice cream and awards party, and the evening camp will end with a pizza and awards party.

Instructor: Play Tennis Hanover, Jennifer Dowda

Fees: \$100, additional sibling fee \$90

5961	M-Th	6/20-6/23	8:00-10:00a	Chickahominy MS
5962	M-Th	7/11-7/14	6:00-8:00p	Chickahominy MS
5963	M-Th	7/18-7/21	6:00-8:00p	Chickahominy MS
5965	M-Th	7/25-7/28	6:00-8:00p	Hanover HS
5964	M-Th	8/22-8/25	8:00-10:00a	Chickahominy MS

► Tweaking Tennis Skills

Ages: 8 to 16. Learn the basic skills of tennis while having fun. Work on forehand, backhand, and serving along with proper scoring. Enhancement of tennis skills will be provided for both beginning and intermediate players. Program will prepare you for middle school tennis and concludes with a tournament to show parents what campers learned.

Instructor: Nancy Sheridan

Fees: \$75, additional sibling fee \$60

5955	M-Th	6/20-6/23	8:00-10:00a	Lee Davis HS
5956	M-Th	6/27-6/30	8:00-10:00a	Lee Davis HS
5957	M-Th	7/25-7/28	8:00-10:00a	Lee Davis HS

Cooking & Entertaining

► Lil' Kookers: Summertime Treats

Ages: 5 to 13. Little chefs will learn how to prepare summer treats to keep them cool. Our menu includes: lemon pound cake with fresh strawberries and whipped cream, homemade vanilla bean ice cream, and banana split parfait in a jar.

Instructor: Lil Kookers, Jinelle Bishop

Fee: \$25

5994	Sa	7/16	11:00a-1:00p	Pole Green CC
5993	Sa	7/23	1:00-3:00p	Montpelier Park CC



Educational Enrichment

► Art Within Nature: Garden Inspired Creations

Ages: 6 to 12. Participants will explore Elmont Elementary School's Learning Garden to gain inspiration for ideas in the creation of art. Drawing with a variety of mediums, plein air painting on canvas, sculpting and weaving from natural materials will be part of this intensive week of joyous creation!

Instructor: Cyndi Marchetti **Fee:** \$150

5971	M-Th	6/27-6/30	9:00a-12:00p	Elmont ES
5972	M-Th	7/25-7/28	9:00a-12:00p	Elmont ES

Martial Arts

► Traditional Japanese Karate Class



Ages: 6 to 12. Teaching basic blocks, punches, kicks and other self-defense techniques, each class will include warm ups,

stretching, group activities, individual training, and a short game time. Students receive their uniform at the first class. Class focuses on self-defense, self-discipline, and respect. Isshin Ryu Karate is located at 8319 Bell Creek Road, Mechanicsville.

Instructor: Michele Tuomey, Isshin Ryu Karate

Fee: \$75

5953	M,W	6/27-8/17*	5:15p-6:00p	Isshin Ryu Karate of Richmond
				* no class 7/4

Early Childhood

Fitness & Exercise

► Stretch 'n Grow: Dancing Little Princesses I



Ages 2 1/2 to 5. Introductory creative dance and ballet program is an educational and developmental dance class offering ballet technique and skills,

posture and balance, gross and fine motor development, flexibility, grace and poise. Designed to give your little ones a life-long love of movement and a foundation for dance and ballet, every class is a fun, interactive princess adventure in dance! Your dancing little princess will have tu-tu much fun!

Instructor: Stretch-n-Grow

Fee: \$60, additional sibling fee \$54

5931 Th 6/23-7/28 11:15a-12:00p Mechanicsville Library
5932 T 6/28-8/2 6:00-6:45p Mechanicsville Library

► Stretch 'n Grow: Dancing Little Princesses II



Ages: 3 1/2 to 6. This creative dance and ballet program is an educational and developmental dance class offering ballet technique and skills,

posture and balance, gross and fine motor development, flexibility, grace and poise. Designed to give your little ones a life-long love of movement and a foundation for dance and ballet. Children enrolling in this level should be familiar with first and second positions, plié, chasse, and relevé movements as this class will focus on technique and introduce new movements. Your dancing little princess will have tu-tu much fun!

Instructor: Stretch-n-Grow

Fee: \$60, additional sibling fee \$54

5933 Th 6/23-7/28 6:00-6:45p Mechanicsville Library

Sports & Athletics

► British Soccer: First Kicks



Ages: 3 to 4. A friendly introduction to soccer basics through ball familiarization, games and fun! Camp taught by professionally qualified

British Soccer coaches. Everyone will receive a soccer ball, t-shirt, and end of class report.

Instructor: Challenger Sports **Fee:** \$95

5920 M-F 7/25-7/29 9:00-10:00a Pole Green Park
6015 M-F 7/25-7/29 5:00-6:00p Montpelier Park

► Stretch 'n Grow: Funtastic Fitness Olympics



Ages: 2 to 5. Come join the 2016 Summer Olympics fun! We will have your preschooler rooting for Team USA!

Each week there is a different Olympic game theme including swimming, cycling, equestrian, basketball, gymnastics, sailing, and more. Energizing music and a variety of equipment will have your children moving and excited. Each child will receive a prize signifying their hard work and accomplishments! Catch Olympic fever with us this summer!

Instructor: Stretch-n-Grow

Fee: \$30, additional sibling fee \$27

5930 Th 6/23-7/28 10:30-11:00a Mechanicsville Library
5995 Th 6/23-7/28 5:15-5:45p Mechanicsville Library

**Register online for
summer programs at
www.hanoverparksrec.com**



Early Childhood

► Stretch 'n Grow: Soccer for Tots I



Ages: 3 to 5. Tots are given their first soccer experience in this program. It's fast-paced fun exposure to the most popular sport in the world! Children will play movement and skill games work on eye-foot coordination and balance. Basic soccer fundamentals such as dribbling, passing and trapping will be covered. We'll introduce the concepts of team work and cooperation in a non-competitive environment. Each child will receive a t-shirt and medal.

Instructor: Stretch-n-Grow

Fee: \$60, additional sibling fee \$54

5936 T 6/28-8/2 5:30p-6:15p Pole Green Park

► Stretch 'n Grow: Soccer for Tots II



Ages: 4 to 5. Continue the introduction to soccer in a fun way while offering a skill-building experience for your little soccer stars! Focus is on soccer fundamentals such as dribbling, passing, shooting, defense and shielding. We'll begin to introduce the concepts of team work and cooperation in a noncompetitive environment. Each child will receive a t-shirt and medal.

Instructor: Stretch-n-Grow

Fee: \$60, additional sibling fee \$54

5937 T 6/28-8/2 6:30p-7:15p Pole Green Park

Teen

Health & Wellness

► Babysitting Class for Beginners



Ages: 11 to 15. Would you like to be the best babysitter around? Get the knowledge and skills necessary to safely and responsibly give care for children and infants. Participants will develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave and learn about basic child care and basic first aid.

Instructor: Breath Of Fresh Air

Fee: \$100, additional sibling fee \$90

6019 Sa 6/18 8:30a-12:30p Pole Green CC

Sports Camps

► For the Love of Tennis: All Girls Camp



Ages: 11 to 18. Will you be trying out for a middle or high school tennis team

in the upcoming school year? This camp will be taught by the current Liberty Middle School girls and boys tennis coach. The focus will be on match play for both singles and doubles, and preparing players for the upcoming tryouts.

Instructor: For the Love of Tennis, Darien Kay

Fees: \$100, additional sibling fee \$80

5912 M-Th 8/22-8/25 6:00-8:00p Liberty MS

Look for discounted
Kings Dominion tickets
online at

Kings
Dominion

www.vrps.com/services/ticketprograms/kingsdominion.aspx

Teen

► Tennis - All Girls Prep for Tennis Team Camp



Ages: 11 to 18. For girls playing or hoping to play on their middle or high school tennis team - come join us for a super fun week.

Emphasis is on match play, for singles and doubles and skill improvement. We will have coaches and players ready to help you learn what you need to make the team. Everyone get as t-shirt and we'll finish with pizza party!

Instructor: Play Tennis Hanover, Jennifer Dowda

Fees: \$100, additional sibling fee \$90

5966 M-Th 8/29-9/1 6:00-8:00p Allee HS

► On Target Archery

Ages: 13 to 17. Come and learn the age-old skill of archery. Learn about safety and equipment, through proper shooting techniques, and spend lots of time practicing new skills on the range. Students receive a bow and arrows plus safety gear to take home after the final class. Bring your passion for traditional archery and we'll provide the rest.

Instructor: Tyler Haup **Fees:** \$75

5929 Th 6/30-7/14 6:30-7:30p Pole Green Park

5928 Th 8/4-8/18 6:30-7:30p Pole Green Park

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Family

Martial Arts

► Family Karate Class



Why let the kids have all the fun? Parents, this is the chance to train with your child over the Summer.

This class will teach

basic blocks, punches, kicks, and other self defense techniques. No experience necessary. Each class will include warm ups, stretching, group training, and individual training. Parent must sign up with child. Additional family members receive a discount. Isshin Ryu Karate is located at 8319 Bell Creek Road, Mechanicsville.

Instructor: Isshin Ryu Karate, Michele Tuomey

Fee: \$75 parent, each child \$25

5996 M,W 6/27-8/17* 6:15-7:15p Isshin Ryu Karate
* no class 7/4 of Richmond

LOOKING FOR AN ATHLETIC LEAGUE?



Find a complete listing of
Adult and Youth Leagues at

www.hanovercounty.gov

All leagues are run independently.
Contact league representative for
participation and registration information.

Parenting Education

Taught by Hanover Community Services Board

Pre-registration is required, as space is limited.

All courses are free.



► 1-2-3 Magic (Course 5984)

Ages: 18 and up. This workshop is based on the award-winning, best-selling 1-2-3 Magic book by Thomas Phelan, Ph.D. It will provide practical and easy-to-learn parenting techniques for setting limits and developing strategies that are effective in promoting self-discipline in children.

Parents will learn specific techniques to minimize whining, arguing, and tantrums in children. The workshop will also provide strategies to encourage positive behavior in children (cleaning up after themselves, going to bed on time, and completing homework assignments).

Making Healthy Choices (Course 5985)

Ages: 5 to 11. Children are invited to attend a life skills workshop and learn skills they need to make healthy life choices.

Parent enrollment in concurrent workshop is required.

Th Jun 30 6:00p-7:30p

► **Creating Positive Sibling Relationships** (Course 5978)

Ages: 18 and up. It is difficult to watch children we love quarrel and fight. We want our children to be compassionate and loving with one another. Sibling relationships are typically the longest lifetime friendship your child will ever have. In this workshop, parents will learn specific strategies to help their children resolve conflict peacefully with their siblings.

Peaceful Siblings (Course 5979)

Ages: 5 to 11. Children are invited to attend a life skills workshop on

developing strong sibling relationships. Participants will learn how to identify the process of conflict and negotiation and explore effective techniques for creating resolutions to potential future conflicts.

Parent enrollment in concurrent workshop is required.

Th Aug 4 6:30p-7:30p

► **Cyberbullying Prevention for Parents** (Course 5990)

Ages: 18 and up. Children are constantly tuned in to a socially connected world. There are many benefits to social media but problems occur when children use these tools to harm or harass others. Parents will learn proactive approaches they can take to preventing and recognizing the signs of cyberbullying. The workshop will also include specific strategies that will help their child stay safe and responsible while utilizing social media.

Cyberbullying Prevention in Youth (Course 5991)

Ages: 9 to 15. Children are invited to attend an anti-bullying program. Participants will learn how to identify cyber bullying behavior and explore effective techniques to break the cycles of social cruelty.

Parent enrollment in concurrent workshop is required.

Th Jul 28 6:30p-7:30p



Parenting Education

Continued



► **Girl Drama: Empowering Your Daughters** (Course 5976)

Ages: 18 and up. Are you wading through girl drama? Is your daughter friends with someone one day but not the next? You are not alone. Many parents are trying to help their daughters navigate through the complexities of girl friendships.

In this workshop, parents will learn the skills to be able to teach their daughters about relational aggression and developing healthy friendships. Topics on relational aggression include: rumor spreading, excluding from social groups, revealing secrets, cyberbullying, and using hostile body language (eye-rolling).

Building Positive Relationships (Course 5977)

Ages: 5 to 11. Children will learn social skills for creating healthy friendships and strengthening their relationship with their parents.

Parent enrollment in concurrent workshop is required.

Th Jun 23 6:30p-7:30p



► **Giving Children Responsibility for Themselves** (Course 5988)

Ages: 18 and up. Responsibility is a character trait that helps children become self-reliant, proactive, cooperative, and confident. This workshop will help parents provide children with responsibilities that are commensurate with their age and abilities.

The Path of Responsibility (Course 5989)

Ages: 5 to 11. Children are invited to attend a life skills workshop. Learn valuable lessons in personal responsibility by encouraging independence and self-awareness.

Parent enrollment in concurrent workshop is required.

Th Jul 21 6:30p-7:30p

► **Helping Children Cope with Stress** (Course 5986)

Ages: 18 and up. All children experience stress periodically. Any period of adjustment, like starting a new school or getting used to having a new sibling, can be hard. Problems with schoolwork or conflicts with other children can all create stress. Here, parents learn ways to teach their children how to manage the stress of new or frustrating situations.

Butterflies in My Stomach (Course 5987)

Ages: 5 to 11. Children are invited to attend a workshop about discovering effective ways to calm down, release worries and cope through relaxation skills.

Parent enrollment in concurrent workshop is required.

Th Jul 7 6:30p-7:30p

All free Parenting Education classes held at
Community Services Board located at:
9734 Atlee Commons Drive • Ashland, VA 23005
(804) 365-4222

► **Managing Strong Feelings**

(Course 5982)

Ages: 18 and up. This workshop will teach parents how to help their child to identify and express their strong feelings in a healthy manner.

Understanding Strong Emotions

(Course 5983)

Ages: 5 to 11. Children are invited to attend a life skills workshop. They will learn skills on how to identify, communicate and manage strong feelings.

Parent enrollment in concurrent workshop is required.

Th Jul 14

6:30p-7:30p

► **Parenting a Child with ADHD**

(Course 5980)

Ages: 18 and up. This workshop is designed to address the unique parenting skills needed to parent a child with ADHD. You will learn specific strategies to help your child develop positive habits and minimize negative behaviors, help your child understand and manage their feelings, and optimize learning at school.

Skill Building in Children with ADHD (Course 5981)

Ages: 5 to 11. Children are invited to attend a life skills workshop. They will learn skills on organization, setting goals, and managing strong feelings.

Parent enrollment in concurrent workshop is required.

Th Aug 11

6:30p-7:30p

► **Strengthening Families Program for Parents** (Course 5974)

Ages: 18 and up. Do you want to improve your relationship with your child? This program is designed for families with teens and is unique because it is designed for the whole family.

Parents meet to learn about adolescent development and share ideas that work, while the middle-schoolers learn their own set of skills. Then the two groups join together to practice what they've learned and have some fun together. Younger siblings have a supervised group of their own.

Parent topics include the following: using love and limits, making house rules, encouraging good behavior, using consequences, building bridges, and protecting against substance abuse. Dinner is provided.

Strengthening Families Program for Children (Course 5975)

Ages: 14 and under. Middle-schoolers learn their own set of skills, then the two groups join together to practice what they've learned and have some fun together. Younger siblings have a supervised group of their own. Teen topics focus on healthy decision making friendships, handling frustrations, and communication. The teen activities are fun and interactive. Dinner is provided.

Parent enrollment in concurrent workshop is required.

T Jul 12-Aug 23

5:30p-8:00p

Arts & Crafts

► Intermediate Stained Glass

Ages: 18 and up. This is the perfect short class to finish a stained glass project or start a new one and allows students to expand/improve their base skills - cutting, grinding, soldering and finishing. Help is available for designing your own project or for fitting small windows. Projects are limited to those fitting on 2' x 2' boards unless approved by instructor. Grinder provided - all other tools/supplies provided by student. Participants must have completed a beginner's stained glass class.

Instructor: Celeste Miller **Fee:** \$65
5938 T 7/12-8/2 7:00-9:00p Pole Green CC

Cooking & Entertaining

► Artisan Bread Baking



Ages: 14 and up.
Do you crave fresh baked artisan bread? Light and

airy, hot and fresh. Let us show you the secret to the best artisan bread you can master at home. We will utilize a dutch oven and a pizza stone when making our breads in class.

Instructor: Hobby Hill Farm **Fee:** \$35
5951 T 6/21 6:30-8:30p Pole Green CC
5950 M 8/22 6:30-8:30p Montpelier Park CC

► Cheesemaking - Soft Cheeses Made Easy



Ages: 14 and up.
Cream cheese and sour cream are two cheeses covered

with a bonus third cheese to be chosen by instructor. This class will use dairy cow products and cultures.

Instructor: Hobby Hill Farm **Fee:** \$34
5948 T 6/7 6:30-8:30p Pole Green CC
5949 M 8/15 6:30-8:30p Montpelier Park CC

► Mozzarella & Ricotta in 30 Minutes or Less



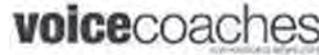
Ages: 14 and up.
Does caprese salad, cannolis and fresh basil and tomatoes

sound appealing? Come to class and bring some of your homegrown herbs and lets make some cheese.

Instructor: Hobby Hill Farm **Fee:** \$30
5944 M 6/6 6:30p-8:30p Pole Green CC
5945 M 7/11 6:30p-8:30p Montpelier Park CC
5947 T 7/12 6:30p-8:30p Pole Green CC
5946 T 8/16 6:30p-8:30p Montpelier Park CC

Educational Enrichment

► Getting Paid to Talk: Making Money with Your Voice



Ages: 18 and up.

Ever been told you have a great voice? We'll discuss industry pros and cons and play samples from working voice professionals, and you'll have an opportunity to record a short professional script under the direction of our teacher. This is a great step for anyone interested in the voice over field.

Instructor: Voice Coaches **Fee:** \$25
5679 W 7/20 6:30-9:00p Pole Green CC

► There's an App for That!



Ages: 13 and up. Have you ever considered a mobile app for your small business or hobby? Come and learn easy ways to develop

mobile apps in this hands on workshop. Learn how to develop mobile apps easily using online tools and launch on the PlayStore and AppStore, what is a mobile first strategy and ways to improve your online presence. Participants must bring laptop.

Instructor: Geometric Shapes, LLC **Fee:** \$50
5997 T,Th 6/7- 6/16 6:00-8:00p Pole Green CC

Financial Education

► The Retirement Red Zone: Master Retirement



Ages: 21 and up. If you are within 30 years of retirement or have already retired there are certain

financial facts you need to understand and your co-workers, friends and family cannot help! Learn how to prepare for retirement successfully no matter what the stock and bond markets do and why saving for the future will never be the same as it was in the 20th century.

Instructor: Equity Concepts, Alan Dole

Fee: \$25, spouse may register for free

5952 T,Th 6/14-6/16 6:30-8:30p Hanover County
Communications Building

Fitness & Exercise

► Cardio Line Dancing

Ages: 10 and up. Get in shape just by getting your dance on. Line dancing burns calories, firms and tightens the body, increases cardiovascular health, and a host of other health benefits. You'll get a high-intensity aerobic workout with party favorites like the Cupid Shuffle and the Electric Slide. Open to all dance levels, from beginner to advance. You can dance your way to fitness while having fun! (*please note, this is not country line dancing*)

Instructor: Stretch 'n Grow **Fee:** \$30

6014 W 7/20 - 8/10 6:30-7:15p Mechanicsville Library

► Get Zumba Fit



Ages: 10 and up. Looking for a fitness class that is truly

addictive? Zumba is for you! It offers the heart pumping, fat burning, energy building fun you need! Using Latin inspired dance moves and up tempo, catchy beats, this fitness class will have you wanting more! Burn hundreds of calories each class while getting a total body toning workout! Anyone can do it, no dance experience necessary. Ditch the workout, join the party!

Instructor: Stretch 'n Grow

Fees: \$80 (2 days a week - #5935) additional family member fee \$72 or \$40 (1 day a week - #5934)

T,Th 6/23 - 8/16 7:00p-7:45p Mechanicsville Library

► Social Ballroom Dance



Ages: 13 and up. No

partner required, singles welcome! Classes introduce steps in partner dances like - Swing, Waltz, Rumba, Cha-Cha, Foxtrot and focus on social dance technique and using the steps in a realistic dance setting. Each week you will be introduced to the basic steps in a new dance, and review all the steps covered. At the end of the program, you will be able to dance five dances and be ready to hit the dance floor! Dancing enhances confidence and is an incredible physical and mental exercise. Off and Dancing is located at 110 Thompson Street, Ashland.

Instructor: Off And Dancing!, Brian Westerlund
Fee: \$72

5967 T 7/12- 8/16 6:00p-6:55p Off And Dancing!

The deadline to register for a Program is two weeks prior to its start date.

► Yoga: Relax, Refresh, Restore and Rejuvenate

Ages: 15 and up. Yoga is not a new fad-it's been here for thousands of years helping people to increase their flexibility and focus. Would you like to learn how to relax deeply, restore your inner-peace, and rejuvenate your body? Then this class is perfect for you! This Integral Yoga style class is appropriate for all levels of beginners, as variations of poses will be presented. You don't need to be a human pretzel, have a perfect body or buy special gear to join us.

Instructor: Cynthia Sinanian

Fee: \$47, additional family member fee \$40

5923	Th	6/9-7/21*	6:00-7:15p	Atlee Library
		*no class 6/30		
5924	Th	8/4-9/8	6:00-7:15p	Atlee Library

Hobbies & Interests

► Canning Veggies at the Hanover Cannery

Ages: 18 and up. Is canning for you? Hanover County has a canning facility with experienced and knowledgeable staff, ready to introduce you to canning. Everything is included for these classes, just come ready to try something new!

The cannery is does not have air conditioning therefore it can get hot. Please dress appropriately for hot weather and no open toed shoes.

Children under 10 years of age are discouraged from attending due to equipment and machinery in the cannery.

Please contact the Cannery Supervisor at 365-6484, if you have specific questions about these classes.

Fee: \$20

6008	T	7/5	6:00-10:00p	Hanover County Cannery
6009	T	7/12	6:00-10:00p	Hanover County Cannery
6010	T	7/19	6:00-10:00p	Hanover County Cannery

Outdoor Activities

► Day of Sailing

Ages: 18 and up. Bring a picnic lunch and spend the day sailing the Chesapeake Bay aboard a cruising sailboat. This is a great experience for people who would like to try sailing for the first time or who just want to enjoy a day on the water. You can help sail the boat or do nothing and enjoy the ride. No previous experience is necessary. Swimming ability is required. Transportation to the marina is on your own (directions provided). Regent Point Marina is located at 317 Regent Point Drive, Topping.

Instructor: Bay Winds Sailing LLC **Fee:** \$82

5915	Sa	6/18	9:00a-4:00p	Regent Point Marina
5914	S	7/10	9:00a-4:00p	Regent Point Marina

► Learning to Sail

Ages: 18 and up. You will have two hours of classroom and then seven hours of on-the-water sailing instruction. Topics include: how a sailboat uses wind, maneuvering under sail and power, basic piloting, and how to set the sails under varying conditions. This is a great experience for people who want to learn the fundamentals of sailing. No previous experience is necessary. Swimming ability is required. Transportation to the marina is on your own (directions provided). Regent Point Marina is located at 317 Regent Point Drive, Topping.

Instructor: Bay Winds Sailing LLC **Fee:** \$100

5916	W	6/1	7:00-9:00p	Pole Green CC
	Su	6/5	9:00a-4:00p	Regent Point Marina
5917	T	7/19	7:00-9:00p	Pole Green CC
	Sa	7/23	9:00a-4:00p	Regent Point Marina

Get Connected!

Search **HanoverParksRec** on



for updates on athletics, programs, parks and events.

Seniors

Finding Value in your Prime

Hanover County's largest resource collaboration for seniors brought to you by Hanover Council on Aging, Hanover Sheriff's Department, AARP, Ashland Police Department, and Hanover Triad.

Preregistered participants will enjoy breakfast, lunch, presentations on active lifestyles, health and travel, fitness demos, resource gifts, and door prizes. Event is free to attend, but preregistration is strongly encouraged.

Want to find value in your prime collectables or treasured heirlooms? Appraisers will be offering free appraisals of small, table top sized items or jewelry. Limit of two items per senior attendee. Bring your treasures to learn more about their past and your fortune!



5904 Th 4/21 8:30a-2:00p First Baptist Church (800 Thompson Street, Ashland)

Senior Travel Commission Trips

For additional details on trip itineraries, please contact Bill D'Surney at: (804) 798-0215.

Register and pay for all trips through Hanover County Parks and Recreation. All trips are for participants ages 50 and up. Bus departs from Courthouse Park.

► Cruise to Tangier Island Trip

Board the Chesapeake Breeze for a one and a half hour cruise to Tangier Island which is considered the "soft crab capital" of the nation. Once arriving at Tangier, there will be a 2-3 block walk to lunch at the Chesapeake House where you will enjoy a fantastic, family-style lunch (including crab cakes and oyster fritters) at this favorite island restaurant. After lunch, stroll along the small roads and visit the unique gift shops or, for a small fee, hop aboard one of the local's golf carts and take a tour around the island.

Fee: \$145

Registration deadline June 17, or as space permits.

Cost of trip includes:

- Round-trip motorcoach transportation
- Round trip Cruise to Tangier Island
- Lunch at the Chesapeake House
- Tax & Gratuity for Lunch
- Refreshments on motorcoach
- Driver gratuity

5792 Th 7/21 7:30am - 6:30pm

► Historic Garden Week at Fort Monroe Trip

For the first time in the 83-year history of Virginia's Historic Garden Week, the homes of Hampton's historic Fort Monroe will be featured. Tour homes once occupied by flag officers on Generals Row, overlooking the Chesapeake Bay. Historic Garden Week is the oldest and largest statewide house and garden tour in the nation.

Fee: \$135

Registration deadline March 25, or as space permits.

Your garden ticket includes:

- Five homes, including past homes of Coast Artillery Officers and Post Commanders
- Round-trip motorcoach transportation
- Buffet lunch at the Chamberlin
- Tax & Gratuity on inclusions
- Refreshments on motorcoach
- Driver gratuity

5790 W 4/27 8:30am - 6:30pm

► Washington's National Cathedral & Cemetery Trip

Whether visiting Washington for the first or fifteenth time, there is always something new and exciting to discover. In a city of impressive monuments, memorial and historic sites, Washington's National Cathedral is most unique. Standing higher than the Washington Monument, the Cathedral crowns 57 acres at the city's highest point, a living symbol of our country's heritage of religious freedom and faith. Here you will enjoy a 30 minute guided tour (part sitting, part walking) followed by free time to explore - don't miss the great gift shops! Enjoy a delicious buffet luncheon mid-day at the Vantage Point Rooftop Restaurant. Next, spend the afternoon at Arlington National Cemetery, a United States military cemetery in Arlington County. Here you will board a narrative tram, allowing you to stop at all major sights and then reboard whenever you would like. You won't want to miss a visit to the Tomb of the Unknown Soldier for the remarkable "Changing of the Guard". Other stops include JFK's gravesite, Arlington House, the US Marine Corps War Memorial, US Coast Guard Memorial and US Army General John J. Pershing's gravesite.

Fee: \$133

Registration deadline April 22, or as space permits.

Cost of trip includes:

- Round-trip motorcoach transportation
- Tour at the National Cathedral
- Lunch at the Vantage Point Restaurant
- Tram tour at Arlington National Cemetery
- Refreshments served aboard the motorcoach
- Tax and Gratuity on Lunch
- Driver gratuity

5791 T 5/24 7:30am - 7:00pm

► Wild & Wonderful West Virginia Trip

Come along with us as we travel to Elkins, West Virginia. We'll travel through the Appalachian and Allegheny Mountains and the Monongahela and George Washington National Forests. Following lunch, continue on the winding mountain roads where we will find our hotel - the Isaac Jackson Hotel. Upon arriving at the hotel, enjoy free time for rest and relaxation before a buffet dinner at the 1863 Grill. After dinner, it's show time at the American Mountain Theater, West Virginia's first and only "Branson Style" family-friendly music and comedy variety show. Wake up to an enhanced continental breakfast at the hotel followed by check-out and departure for the American Mountain Theater. Experience your trip down memory lane as you witness the "History of American Music!" After this exciting show, it is just a short walk to the Durbin & Greenbrier Valley Railroad Station. Climb aboard the New Tygart Flyer to take you on a four-hour, 46 mile round trip through the mountains. A delicious lunch is included on board the train. A stop will be made for a real home-cooked dinner at Mrs. Rowe's Restaurant in Staunton, Virginia. Cancellation insurance is highly recommended.

Fees per person, based on occupancy:

Single - \$567, Double - \$495

Payment in full accepted at the time of registration or Payment Plan Option

(50% due at time of registration and balance due by September 1 - payment by credit/debit card only).

Registration and final payment due by September 1, or as space permits.

Cost of trip includes:

- Round-trip motor coach transportation
- Overnight hotel accommodations
- Baggage handling (1 large bag per person)
- One continental breakfast
- One enhanced continental breakfast
- Two delicious lunches
- Two full course dinners
- History of American Music Show
- American Mountain Theater Production
- Train ride aboard the New Tygart Flyer
- Refreshments on motorcoach
- Driver gratuity

5973 Th-F 10/13-14 8:00am - 10:00pm

Historic Hanover Bus Tours

Saturday, May 21

These annual tours of Hanover County are generously supported by Richmond Region Tourism and Hanover County. Each tour includes a boxed lunch, snacks and water. Transportation for the day will be via chartered bus and tours are led by Richmond Discoveries. When registering for tours, please be sure to note any special dietary needs.



► Towns of Eastern Hanover

Explore the towns of eastern Hanover, dating from early colonial days to the Civil War, with your costumed guide. Tour includes information about Hanover town, Newcastle, the settling of Old Church before its Civil War history and how Mechanicsville got its name. Meet Judith McGuire, a Civil War refugee, and hear about her time in Ashland during the Civil War, including the excitement which occurred when Union troops set fire to the train depot. As a special treat, enjoy a tour of Center of the Universe Brewing Company.

Instructor: Richmond Discoveries
Fee: \$20

5770 Sa 5/21 9:00am - 3:30pm
Historic Hanover Courthouse

► Towns of Western Hanover

Explore the development from the mid-19th through early 20th centuries of Doswell, Beaverdam, Montpelier, Negrofoot, Ashland and Atlee with your costumed guide. Visit Pop's Country Store (Beaverdam), Sycamore Tavern (Montpelier) and others in Doswell and Ashland. Meet Judith McGuire, a Civil War refugee, and hear about her time in Ashland during the Civil War, including the excitement which occurred when Union troops set fire to the train depot.

Instructor: Richmond Discoveries
Fee: \$20

5795 Sa 5/21 9:00am - 3:30pm
Historic Hanover Courthouse



Discover Recreation Online



Discover Recreation Online



☞ No online transaction fees

☞ Register for any program (even if its free or discounted)

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☞ Review park maps, shelters, athletic fields and trails

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Now online at HANOVERPARKSREC.COM

Summer Program Locations

Boat Ramps

Rt. 1/North Anna Ramp

17600 Washington Highway
Doswell, VA 23047

Rt. 33/South Anna Ramp

15008 Mountain Road
Glen Allen, VA 23059

Rt. 54/South Anna Ramp

13151 West Patrick Henry Road
Ashland, VA 23005

Rt. 301/Pamunkey Ramp

13600 Hanover Courthouse Rd
Hanover, VA 23069

County Parks

Cold Harbor Battlefield Park

6005 Cold Harbor Road
Mechanicsville, VA 23111

Courthouse Park

7232 Courtland Farm Road
Hanover, VA 23069

Hanover Wayside Park

8225 Hanover Wayside Road
Hanover, VA 23069

Montpelier Park & Community Center

17203 Sycamore Tavern Ln
Montpelier, VA 23192

North Anna Battlefield Park

11576 Verdon Road
Doswell, Va 23047

Pole Green Park & Community Center

8996 Pole Green Park Lane
Mechanicsville, VA 23116

Poor Farm Park

13400 Liberty School Road
Ashland, VA 23005

Taylor Park & Taylor Complex

13017 Taylor Complex Ln
Ashland, VA 23005

Washington Lacy Park

13400 Woodside Lane
Ashland, VA 23005

County Libraries

Ashland Library

201 S. Railroad Avenue
Ashland, VA 23005

Atlee Library

9161 Atlee Road
Mechanicsville, VA 23116

Mechanicsville Library

7461 Sherwood Crossing Place
Mechanicsville, VA 23111

Rockville Library

16600 Pouncey Tract Road
Rockville, VA 23146

County Schools

Atlee High

9414 Atlee Station Road
Mechanicsville, VA 23116

Battlefield Elementary

5501 Mechanicsville TnPk.
Mechanicsville, VA 23111

Beaverdam Elementary

15485 Beaverdam School Road
Beaverdam, VA 23015

Chickahominy Middle

9450 Atlee Station Road
Mechanicsville, VA 23116

Cold Harbor Elementary

6740 Cold Harbor Road
Mechanicsville, VA 23111

Cool Spring Elementary

9964 Honey Meadows Road
Mechanicsville, VA 23116

Elmont Elementary

12007 Cedar Lane
Ashland, VA 23005

The Hanover Center for Trades and Technology

10002 Learning Lane
Mechanicsville, VA 23116

Hanover High

10307 Chamberlayne Road
Mechanicsville, VA 23116

Henry Clay Elementary

310 South James Street
Ashland, VA 23005

John M. Gandy Elementary

201 Archie Cannon Drive
Ashland, VA 23005

Kersey Creek Elementary

10004 Learning Lane
Mechanicsville, VA 23116

Laurel Meadow Elementary

8248 Lee-Davis Road
Mechanicsville, VA 23111

Lee Davis High

7502 Mechanicsville TnPk
Mechanicsville, VA 23111

Liberty Middle

13496 Liberty School Road
Ashland, VA 23005

Mechanicsville Elementary

7425 Mechanicsville Elem. Dr.
Mechanicsville, VA 23111

Oak Knoll Middle

10295 Chamberlayne Road
Mechanicsville, VA 23116

Patrick Henry High

12449 West Patrick Henry Rd
Ashland, VA 23005

Pearsons Corner Elementary

8290 New Ashcake Road
Mechanicsville, VA 23116

Pole Green Elementary

8993 Pole Green Park Lane
Mechanicsville, VA 23116

Rural Point Elementary

7161 Studley Road
Mechanicsville, VA 23116

South Anna Elementary

13122 Walton's Tavern Road
Montpelier, VA 23192

Stonewall Jackson Middle

8021 Lee Davis Road
Mechanicsville, VA 23111

Washington-Henry Elementary

9025 Washington Henry Dr.
Mechanicsville, VA 23116





Pole Green Park | Friday, July 8 | 6pm

Ages: 12 and up

This fun run is all about family, friends and pizza. The pizza run is an extremely short race which any level can complete within an hour. Multiple "pizza stations" will be strategically placed at the start and along the race route where

a delicious slice of Papa John's pizza will be waiting for you. First place finishers in the overall team, male and female divisions that complete the 4K course and consume a slice of pizza at each pizza stop will win Papa John's Pizza for a year!

Whether you choose to eat delicious pizza along the way or not, every participant will receive an event t-shirt. Don't delay, registration is limited to the first 100 runners and will sure fill fast.

Individual - #6002 (\$20)

Team Member - #6003 (\$15 per team member, 4 runners per team)



The Ice Cream Race - 5k



The Ice Cream Race is an all-ages event where you will run through whipped cream-like foam, zoom down the chocolate syrup water slide, and trudge through our banana peel pit!

You will be chased by all of your favorite toppings throughout the course. Once you cross the finish line, you will be rewarded with a custom made t-shirt and "you guessed it" ice cream!

Attendees will enjoy music, food trucks, ice cream eating competitions, and wild costume competitions.

To register go to:
<http://www.theicecreamrace.com>

**Pole Green Park
Saturday, August 13
8am - 2pm**

(Race start times are every 30 minutes beginning at 8:30am until 12:30pm)

**Fee: Competitive \$40,
non-competitive \$35**



Does your business or organization want to be a part of this new and exciting event?

The FUN zone at The Ice Cream Race offers free family friendly activities for event attendees. Participants in the FUN zone will be offered a 15' x 15' vendor booth space at no charge in exchange for providing the free activity. Approval to participate in the FUN zone is contingent upon review and approval of your application and proposed activity.

Hanover County VA
PARKS & RECREATION
parksandrec@hanovercounty.gov

13017 Taylor Complex Lane, Ashland, VA 23005
(804) 365-7150
www.hanovercounty.gov