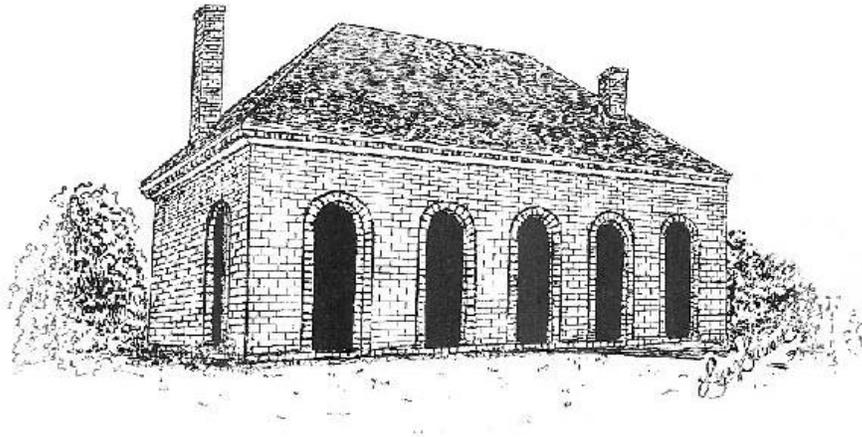


# BOARD MEETING PACKET

PREPARED FOR  
HANOVER COUNTY COMMUNITY SERVICES BOARD



---

<b>MEETING DATE</b>	<b>January 26, 2015</b>
<b>MEETING TIME</b>	<b>6:30 p.m.</b>
<b>LOCATION</b>	<b>Hanover Community Services Board Conference Room 12300 Washington Highway Ashland, VA 23005</b>

---

## **STATEMENT OF MISSION**

We partner with individuals to provide supports and services in the areas of

- Mental Health
- Intellectual Disabilities
- Substance Use Disorders

in their efforts to lead satisfying and productive lives in their communities.

**AGENDA**  
**HANOVER COUNTY COMMUNITY SERVICES BOARD**

January 26, 2015, 6:30 p.m.  
Hanover Community Services Board Conference Room,  
12300 Washington Highway, Ashland, VA 23005

**5:30 p.m. – Work Session: Intellectual Disability Waivers**

**6:30 p.m. – Board Meeting:**

- 1. Welcome and Roll Call**
- 2. Donations**
- 3. Citizens Comments**
- 4. Approval of Minutes – December 15, 2014 Board Meeting**
- 5. Board Liaison Reports**
  - a. Hanover Mental Health Association – Jeanie Edwards**
  - b. Hanover Community Support Services – Scott Bateman**
  - c. Hanover Arc – Hamilton Holloway**
  - d. Hanover Board of Supervisors – Sean Davis**
- 6. Executive Director’s Report**
  - a. Directors’ Report**
  - b. Other Items**
- 7. Chairperson’s Report**
  - a. Executive Committee Report**
  - b. Strategic Planning Process**
  - c. Board Member Activity**
  - d. Other Items**
- 8. Adjourn**

*Next Regularly Scheduled Meeting: February 16, 2015, 6:30 p.m.*  
*Hanover Community Services Board Conference Room*  
*12300 Washington Highway, Ashland, VA 23005*

**BOARD OF SUPERVISORS**

**SEAN M. DAVIS, CHAIRMAN**  
HENRY DISTRICT

**WAYNE T. HAZZARD, VICE-CHAIRMAN**  
SOUTH ANNA DISTRICT

**ANGELA KELLY-WIECEK**  
CHICKAHOMINY DISTRICT

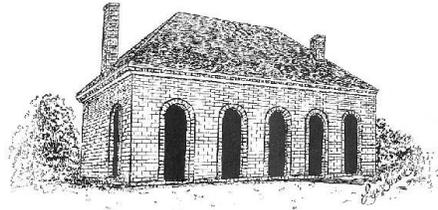
**W. CANOVA PETERSON**  
MECHANICSVILLE DISTRICT

**AUBREY M. STANLEY**  
BEAVERDAM DISTRICT

**G.E. "Ed" VIA, III**  
ASHLAND DISTRICT

**ELTON J. WADE, SR.**  
COLD HARBOR DISTRICT

**CECIL R. HARRIS, JR.**  
COUNTY ADMINISTRATOR



*HANOVER COURTHOUSE*

**HANOVER COUNTY**

ESTABLISHED IN 1720

**COMMUNITY SERVICES BOARD**

**IVY T. SAGER, MSW**  
EXECUTIVE DIRECTOR

12300 WASHINGTON HIGHWAY  
ASHLAND, VIRGINIA 23005

PHONE: 804-365-4275  
FAX: 804-365-4282

WWW.CO.HANOVER.VA.US

**DRAFT OF MINUTES**

December 15, 2014

<b>Members Present</b>	<b>Members Absent</b>	<b>Others</b>
Thomas Blake William Brenzovich Sharon Bunger Sean Davis Jeanie Edwards Lynn Hargrove Eric Hendrixson Hamilton Holloway Warren Rice Herb Sening Lori Spain		Ivy Sager Peter Getts Donna Boyce Stacy Johnson-Moore Christina Natale

**WORK SESSION**

None.

**BOARD MEETING**

The meeting was called to order by William "Bill" Brenzovich, Chairperson, at 6:35 p.m. at the Hanover Community Services Board conference room, 12300 Washington Highway, Ashland VA 23005.

**Welcome and Roll Call**

Bill Brenzovich, Chairperson, welcomed everyone to the Board meeting. The following members were present at roll call: Thomas Blake, William Brenzovich, Sharon Bunger, Sean Davis, Jeanie Edwards, Lynn Hargrove, Eric Hendrixson, Hamilton Holloway, Warren Rice, Herb Sening and Lori Spain.

**Donations** – There were two donations acknowledged by the Board. The RAFT House received a donation of \$25 from Joan S. Lee, and \$250 from Anne Geddy Cross.

**Citizen Comments** – None.

## **Approval of Minutes**

The minutes of the November 17, 2014 meeting were deemed approved as submitted.

## **Board Liaison Reports**

1. Hanover Mental Health Association – Jeanie Edwards reported that Hanover Mental Health Association is still offering and encouraging mental health training to those who want it.
2. Hanover Community Support Services – Scott Bateman was not present at the meeting, but Bill Brenzovich reported that the hot dog sales at Bass Pro Shop are going very well.
3. Hanover Arc – Hamilton Holloway reported that they are doing Breakfast with Santa 12/20/2014, from 8am to 10am at Bass Pro Shop. Tickets can be purchased at the Hanover Arc office or customer service office at Bass Pro. Hamilton also reported that the state’s budget hearings will be on 1/7/2015 beginning at 12pm. He stated to arrive early to get tickets to be able to speak at the hearings. Hamilton also stated that 1/26/2015 is Developmental Disabilities Day. Hamilton went on to discuss the “Able Act” which was passed by the U.S. House of Representatives on 12/5/2014, and is going on to the Senate for vote. This program will allow parents to plan financially for their children with disabilities.
4. Board of Supervisors – Sean Davis reported that there are some concerns with the state budget, but the board is prepared to be active and vocal during the process. Ivy Sager acknowledged appreciation for the board deciding to give 12/26/2014 as a holiday for the county. Davis reported it was a joint effort and wished everyone Happy Holidays.

## **Executive Director's Report**

Ivy Sager provided a copy of the Rules of the Board for each member to add to his/her orientation manuals (this is the latest version subsequent to the Board’s approval of revisions at the November meeting). Ivy directed the board’s attention to the VACSB’s annual report, “Community Challenges Community Solutions”. The report highlighted four stories about programs/services offered by the Hanover County CSB. Ivy also discussed a flyer provided by RAFT House documenting program highlights from last year. She reported that the Governor’s budget presentation will be later this week; staff will then better understand any possible impacts and proceed from there. Ivy highlighted the VACSB Legislative Conference, scheduled for Jan. 21 & 22; if anyone wishes to attend, please email either Ivy or Christina Natale. Lastly, Ivy reminded members about signing up for upcoming mental health first aid classes being offered by the CSB. Those interested should contact Christina Natale. Eric inquired about the possible purchasing of property for RAFT House. Ivy stated that it is in the long-range plan, but current lease is still in effect.

## **Chairman's Report**

Bill Brenzovich discussed the Executive Committee meeting that was held on 12/9/2014. The committee reviewed the absentee policies, and due to the bylaws being changed the committee decided to take no further action, but continue to monitor absenteeism. Bill also reported the committee started looking at the current strategic plan. In January, the committee will present a framework for moving forward with Strategic Plan. Bill went on to highlight the success of both the RAFT House luncheon and Blue and White event. Thomas Blake restated that he would like a copy of CARF manual in January. He also inquired about the possibility a future work session being focused on the recovery community with which he is involved. The board discussed the opportunity; the Executive Committee will consider further at their next meeting.

### **Action Item(s)**

- A. Sharon Bunger reported that the Nominating Committee met on 12/9/2014. The committee nominated the following slate: Bill Brenzovich – Chair, Jeanie Edwards – Vice Chair, Scott Bateman – Secretary. Upon motion by Bunger, second by Bill Brenzovich, and carried by majority, the nominations were approved as presented.

### **Other Business**

The next regularly scheduled Board meeting will be held January 26, 2015 at 6:30 p.m. at the Hanover Community Services Board conference room, 12300 Washington Highway, Ashland, VA 23005.

There being no other business, the meeting was adjourned.

## **Executive Director's Monthly Report**

January 20, 2015

### **A. Executive Director**

#### General Updates

With the convening of the Virginia General Assembly, staff have been involved monitoring proposed legislation; information about weekly legislative updates from VACSB will be provided at the board meeting. As well, the Executive Director and a board member attended the VACSB Legislative Conference.

Inclement weather concerns caused the Jan. 14<sup>th</sup> session of MHFA to be postponed. An additional session has been added, information about which can be found on the attached 3-month planning calendar. MHFA has also been added to the county's Training Catalog and will be offered to employees in July and November 2015. A presentation to county department heads is being planned in order to share information about the course and encourage "front line" staff to take part.

#### Human Resources:

In the month of December, a Peer Specialist in ICT began employment. Staff are working with county Human Resources on a number of items, including the revision of several career ladders and a benchmarking process.

### **B. Business Operations**

The county budget process for FY16 continues to move forward as the County Administrator prepares to present the proposed budget to the Board of Supervisors in February.

### **C. Clinical Services**

During the months of November and December, all full-time HCSB clinical staff were trained in Recognizing and Responding to Suicide Risk or RRSR. This nationally recognized training teaches participants current best practices for clinicians on how recognize and respond to individuals who are at high risk for suicide. RRSR employs empirically based findings on both chronic and acute risk factors that may elevate an individual's risk for suicide. The trainings at HCSB were two full days spread out over three separate sessions and taught by six HSCB staff that attended a week long "train the trainer" class taught by a nationally recognized expert in the field earlier this year. The RRSR trainings will continue as new staff are hired and will be required for all clinical staff.

As of the first part of December, the Substance Abuse Treatment Team has officially "rolled out" the recovery bridge program with Betsy Lalla, our recovery coach. Administrative processes are complete and clinical work is active and proving to be effective even within our first month. The recovery bridge program will serve clients who are coming to the CSB with a primary substance abuse issue and are awaiting their initial intake and/or therapeutic group treatment. Betsy Lalla is serving as our "bridge." The defined expectation of bridge work is to outreach and provide service within 1 business day for clients who have had an initial request and are referred for services. To date, Ms. Lalla has provided bridge work and outreached 12 clients needing recovery support.

She's been providing face to face support, as well as telephone support. In fact, one has already celebrated 14 days of sobriety (picked up a chip at his most recent AA meeting!) and wants to continue meeting with Betsy weekly. The plan in the near future is to also have Betsy accompany clients to an area AA meeting on a weekly basis.

The Governor's ACCESS Plan, known as GAP, started enrollment on January 12, 2015. This plan offers a targeted insurance package of which many of our clients on Adult Services may highly benefit. Presently, Hanover CSB provides services for over 100 clients who may qualify for this insurance plan due to their income and diagnosis of a serious mental illness. Administrative and clinical staff at our agency have been working together for the past several weeks to implement this plan (educating, linking, assessing, billing and etc.) Adults between the ages of 21 through 64 and diagnosed with a serious mental illness who have previously been turned down for other state or federal funded programs due to income requirements may now be approved to receive insurance covered services for both mental health and medical treatment services. Without this type of access to treatment services, these individuals are often underserved in primary care medical offices. The opportunities provided through GAP will enable persons with SMI to access both behavioral health and primary medical health services, enhancing the treatment they receive, allowing care coordination among providers, and therefore addressing the severity of their whole condition, which will inevitably lead to a more full recovery. A great deal of work has gone into the development of this program and it is now the responsibility of CSB staff to assist clients in the application of the benefit program and provide the delivery of treatment as outlined in the care manual. All staff at the CSB are working diligently to carefully and systematically ascertain the process in which consumers can most efficiently access this insurance and begin receiving the benefits of this program. A fact sheet about GAP is attached.

#### D. Community Support Services

December was filled with the usual festivities that accompany the Christmas season. One of the occasions which made the Christmas holiday of 2014 unique for ID & Employment Services was the Blue & White Winter Gala. In past years we've hosted the Gala in October. The decision was made to try a 'winter' theme for this year's event.

On December 10, 2014 the Annual Blue and White Gala was held at Shady Grove United Methodist Church in Mechanicsville. Each year the Blue and White Gala is held to recognize individuals and their employers for the outstanding commitment they make to employment in the Hanover community. At this event both employers and their employees were recognized with several awards.



Services who is the recipient of this year's Robert Cunningham Memorial Award for Outstanding

**Rock Solid Janitorial** received the Robert Cunningham Memorial Award for the Outstanding Community Employer - presented each year to the business that has demonstrated the ability to provide outstanding support to the individuals they have hired with disabilities.

Pictured is Deborah Yeldell from Rock Solid Janitorial

Employer in Supported Employment -recognized alongside John Fernandez of Daystar Dessert (last year's winner). Rock Solid received this award for their support of two enclaves who clean Hanover County buildings. Rock Solid has been supportive in hiring individuals with disabilities since they acquired the janitorial contract and have expanded from their initial one crew to adding the second crew. They provide training and creative opportunities for the individuals who work for them.

The Dale Twigg Memorial Award for the Outstanding Employee in Supported Employment was presented to **Michael Anderson** - an individual who works in the community and demonstrates Dale's perseverance and dedication to working in his community. Michael has been a full time employee at Moss Window Supply for 15 years. He is known for his high standard of performance at work and volunteering at his church. His involvement at work and in his community is a testimony to his sense of compassion and willingness to help others.



The Hanover Industries Employee of the Year award was presented to **Daunetta Conant** – an individual who has demonstrated growth and a desire to increase her employment skills. Daunetta has worked in Hanover Industries for 10 years and is always willing to try new jobs despite her physical challenges. She has a bright smile and positive attitude. She recently learned how to polish brass shell casings for a contract they work on in Hanover Recycling. She now can sort and polish her own materials.

The Blue & White Gala was enjoyed by 170 participants, family, friends, and community partners. Our appreciation is extended to those businesses, and community partners with their support and donations. We would like to extend a special thank you to the following individuals:

- Jeannie Edwards and the Woman's Group – who served the dinner
- Renee Gilley – who donated her time and expertise with the photos
- Jonathon Thomas – who was the DJ for the event
- Helen Robertson – who donated her time for set up and serving

Also a special thank you to our partners who participated in the selection of the awards for 2014 – Mr. Bill Brenzovich, Mrs. Marilyn Jeffries, and Jill Lakey.

# 10

## Key Points to Understanding the Governor's Access Plan



1

GAP is a new Medicaid plan that will provide limited medical and behavioral healthcare coverage for mental health and substance use disorder services, medical doctor visits, medications, access to a 24-hour crisis line, recovery navigation services, and case management.

2

To get GAP benefits, you must meet ALL of the following :

- Adult age 21 through 64 years old;
- U.S. Citizen or lawfully residing immigrant;
- No health insurance, including Medicaid, Children's Health Insurance Program (CHIP/FAMIS), Medicare, or TriCare;
- Resident of Virginia;
- Household income that is below 100% of the Federal Poverty Level (FPL) (about \$11,670 per year for a single adult);
- Not residing in a long term care facility, mental health facility, or penal institution; and
- Screened and meet the criteria for GAP Serious Mental Illness



3



Applying for GAP Medicaid is a 2 step process. You can start at either step.

1. Completing a GAP application for financial/non-financial determination; and
2. Having a GAP SMI Screening done

4

There are 2 ways to submit a Gap Application to Cover Virginia:

1. By telephone at 1-855-869-8190 or TDD at 1-888-221-1590; or
2. Online with the help of the person who does your GAP SMI Screening. Submitting online may only be done with the help of the GAP SMI Screener. This is the preferred method for application.



5

You may call the Community Services Board (CSB) or the nearest Federally Qualified Health Center (FQHC) to have a GAP SMI Screening done. You do not need to wait until your GAP Application has been reviewed before scheduling this screening and the Screener may help you complete the GAP Application if you need assistance. You may call Magellan at 1-800-424-GAP9 for the number of the nearest CSB or FQHC.

6

Individuals who meet the requirements are enrolled for a period of 12 continuous months. After 12 months you will need to update your financial information however you will not need a new SMI Screening.

7

There are three areas covered by the GAP Medicaid Plan: Outpatient Medical Services, Outpatient Behavioral Health Services, and Additional Services covered by Magellan

8

Medical Services	Behavioral Health Services	Magellan Only Services
<ul style="list-style-type: none"> <li>• Primary and Specialty Care</li> <li>• Pharmacy / Medications</li> <li>• Laboratory</li> <li>• Diagnostic Services               <ul style="list-style-type: none"> <li>• Physician’s Office</li> <li>• Outpatient hospital coverage is limited to diagnostic ultrasound, diagnostic radiology (excluding PET scans), and EKG including stress.</li> </ul> </li> <li>• Diabetic Supplies</li> </ul>	<ul style="list-style-type: none"> <li>• GAP Case Management</li> <li>• Psychiatric Evaluation, Management &amp; Treatment</li> <li>• Crisis Stabilization</li> <li>• Crisis Intervention</li> <li>• Psychosocial Rehabilitation</li> <li>• Outpatient Psych &amp; Substance Abuse Treatment Services</li> <li>• Substance Abuse Intensive Outpatient (IOP)</li> <li>• Methadone &amp; Opioid Treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Care Coordination including Community Wellness and Community Connection</li> <li>• Crisis Line available 24/7 and staffed by licensed mental health professionals</li> <li>• Recovery Navigation Services including a state wide warm telephone line staffed by trained peers and limited, local, voluntary, in-person supports.</li> </ul>



9

GAP members can call a Magellan care manager toll free at 1-800-424-4279 or 1-800-424-GAP9. Magellan will have someone there 24 hours, 7 day per week to provide information about covered benefits, how to find a provider, and who to call for medical, pharmacy, and behavioral health needs.

10

GAP Members can call the Magellan Recovery Navigation Line at 1-800-424-4520. This telephone number will be answered by a trained peer who has been through the mental health system who can help you navigate the system as well.



**CSB Board  
Three-Month Planning Calendar**

<b>February</b>	<b>March</b>	<b>April</b>
<p>-2<sup>nd</sup> Qtr. Financial &amp; Progress Report</p> <p>-Harris Award Planning</p> <p>-Board Planning: 2/9/15</p> <p>-Board Meeting: 2/16/15</p> <p><b>Work Session:</b></p>	<p>-Budget Presentation, Board of Supervisors Date: TBD</p> <p>-ID Awareness Month</p> <p>-Board Planning: 3/9/15</p> <p>-Board Meeting: 3/16/15</p> <p><b>Work Session:</b></p>	<p>-Jean C. Harris Award nomination period</p> <p>-Board of Supervisors approves annual budget</p> <p>-Board Planning: 4/13/15</p> <p>-Board Meeting: 4/20/15</p> <p><b>Work Session:</b></p>

**Upcoming Events & Activities:**

**Mental Health First Aid Training – 8:30 a.m. - 5:00 p.m.** (Please contact Ivy to sign up)

- February 2, 2015 – Bell Creek
- February 27, 2015 – Ashland
- May 15, 2015 – Bell Creek